

Multi-County Programs

AARP Driver Safety Program.....	252-4884
Alpine Home Health & Hospice.....	240-8979
Alzheimer's Association	800-864-4404
Center for Independence	800-613-2271
Center For Mental Health	252-3200
<i>Emergency</i>	252-6220
Delta Montrose Home Health.....	874-2463
Hospice	
<i>Delta</i>	874-6823
<i>Gunnison</i>	641-4254
<i>Montrose</i>	240-7734
Legal Aid.....	249-7202
Ombudsman.....	527-7055
Senior CommUnity Care	
Delta	835-8500
Montrose	252-0522
RSVP	249-9639

NOTE: Not all programs listed in this brochure are funded by the Area Agency on Aging (AAA), only those with **green phone numbers**. Please contact providers directly for their eligibility requirements and costs.

National Eldercare Locator

A helpline for locating services nationwide

1-800-677-1116

Eligibility

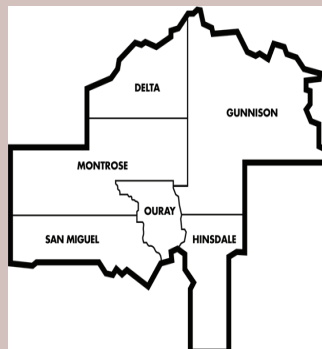
A person must be 60 years of age or older to be eligible for Area Agency on Aging programs funded by the "Older Americans' Act". Some exceptions are made for eligible spouses and individuals with disabilities.

The "Older Americans' Act" mandates that emphasis be placed on locating and serving seniors who are:

- Minority
- Frail / Disabled
- Low Income
- Residents of Rural Areas

There are no fees charged for services and no one is denied because of an inability to pay for services.

Donations are encouraged, and for some services there is a recommended donation amount. Some services have a sliding fee schedule based on income in order to maintain the program and be able to continue providing services. Income from donations provides an important source of ongoing funds for the services.



REG10N

**An Alliance of Communities
and Business**

**Serving Delta, Gunnison,
Hinsdale, Montrose, Ouray &
San Miguel**

Area Agency on Aging

(970) 249-2436

www.region10.net

300 N. Cascade, Montrose, CO 81401

Information & Assistance

- REG10N** Area Agency on Aging 249-2436
- Delta Senior Resources..... 712-2295
- Gunnison Senior Resources 642-4664
- Hinsdale Senior Resources 944-0321
- Montrose Senior Resources 252-4889
- Ouray Senior Resources 325-4586

Transportation

Delta County

- All Points Transit 874-7334

Gunnison County

- Gunnison County Senior Trans..... 596-6700

Hinsdale County

- Hinsdale County Sr. Resources 944-0321

Montrose County

- All Points Transit 249-0128

Ouray County

- Neighbor to Neighbor 325-4586

San Miguel County

- All Points Transit 249-0128

Mission

The Area Agency on Aging in **REG10N** seeks to assure that a comprehensive array of services provided through a coordinated network will be available to enable older person in the region to live independently as long as possible.

Nutrition Services

Delta County

- Senior CommUnity Meals..... 835-8028

Gunnison County

- Young at Heart..... 641-2107

Hinsdale County

- Hinsdale Cty. Sr. Resources 944-0321

Montrose County

- Senior CommUnity Meals..... 835-8028

Ouray County

- Neighbor to Neighbor 325-4586

San Miguel County

- Norwood
Senior CommUnity Meals..... 835-8028
- Telluride
San Miguel County..... 728-4411

Dental Prevention Services

- Grand Mesa Dental Prevention..... 874-3801
- Gunnison County Dental Prevention... 596-0733

Adult Day Care Programs

- Day By Day 874-4195
- Homestead at Montrose 252-9359
- Sunrise Assisted Living 874-1413

County Health/Human Services

- Delta..... 874-2030
- Gunnison 641-3244
- Hinsdale 944-0321
- Montrose 252-5000
- Ouray 626-2299
- San Miguel 728-4411

Family Caregiver Program

- Caregiver Solutions 249-0440

Homemaker & Personal Care

- Adult Home Care Services 874-0136
- Cimarron Home Care 249-6767
- Comfort Keepers 240-4121
- CTS LLC Serving Communities 874-4794
- Gunnison County Homemakers 641-3244
- Hinsdale County Homemakers 944-0321
- Homewatch 877-874-1199
- Human Touch Home Health 874-6901
- Ouray County Homemakers 325-4670
- PASCO/SW 240-1771
- Premier Senior Services..... 323-9191
- Touch of Care 874-6115
- Valley Care Provider 527-5393
- West End Homemakers 864-7319

Listings with green phone numbers are funded by the Area Agency on Aging with federal and state funds.

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Listings in purple indicate multi-county services.